



To Whom It May Concern:

A Clubhouse offers hope and opportunities for our members to meet their full potential. We operate on proven Standards which have been developed over a two-decade period and are effective in over 330 Clubhouses worldwide. Clubhouse of Lehigh County strives to provide full and comprehensive psychiatric rehabilitation services to qualifying individuals living with mental illness and residing and receiving services in Lehigh County.

In order to assure that the goals of the Clubhouse model of psychiatric rehabilitation and those of each member are met, the Clubhouse structure consists of three main components. The UNITS: here our members immerse themselves in the Clubhouse community finding resources to meet individual needs and meaningful activity/tasks. The RECOVERY GOAL PLAN: defines the barriers to an individual's success within the domain areas (vocational, social, educational, community success and selfmaintenance). PROJECTS/GROUP ACTIVITIES/EVENTS: These offer opportunities for involvement beyond the unit needs and work on recovery goals and help to round out a person's time at Clubhouse. In addition, Clubhouse offers Social programming scheduled outside of the regular program hours of operation (8am to 4pm). Persons being referred to Clubhouse should understand this structure and be prepared to become involved at appropriate levels.

The Clubhouse model of psychiatric rehabilitation is not necessarily most effective for all individuals. To be eligible for services a person **MUST** have a confirmed **PRIMARY MENTAL HEALTH DIAGNOSIS**. There are five designated diagnoses for eligibility based upon medical records and a psychiatric diagnosis: **Schizophrenia, Borderline Personality Disorder, Major Mood Disorder, Schizoaffective Disorder and Psychotic Disorder NOS**.

The applicant must be at least 18 years old and have a desire to participate in the program. Also, the applicant may not pose a current threat to the safety of the members and will display behaviors that do not disrupt the everyday functioning of the Clubhouse. All other mental and physical diagnoses must be listed as well. All information must be complete, legible and without omissions. Referrals submitted without the necessary documentation will be returned and/or denied.

The referral form may be completed in part by the referring agency/case manager. Page 4, however, **MUST** be completed and signed by the applicant's psychiatrist or therapist. The applicant must sign the last page of the referral form.

The referral form is to be forwarded for review to the Clubhouse director, who will determine if the applicant meets the admissions criteria. Then the applicant or designated person will be contacted to schedule orientation. If the application is deferred for any reason, notice of the decision will be given to the applicant or referring party. As soon as orientation is successfully completed, the new member may begin active participation in the program and will be scheduled to complete a goal plan.

Thank you for your cooperation with our referral, enrollment and orientation process. All information will remain confidential and handled with respect. All referrals will be handled in a timely manner. If you have any questions regarding this matter, please do not hesitate to call. Also, please feel free to make copies of the referral form for your own use.

---

## REFERRALS FOR THE YOUNG ADULT TRANSITION PROGRAM

Through grant funding made possible by the Office of Vocational Rehabilitation, the Clubhouse has established a transitional program for young adults ages 18-21.

With the guidance of two dedicated staff, the program will focus on training, educating and supporting young adults through their transition into adulthood by exploring careers and post-secondary training and educational opportunities. It will also teach job skills, appropriate work and social behaviors and independent living skills.

Eligibility requirements include:

- The individuals must be 18-21 years of age and reside in Lehigh County
- They must be currently enrolled in High School or in a post-secondary education program
- They must be diagnosed with a mental illness

A copy of the official registration and financial information for Goodwill Keystone Area may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania, 1.800.732.0999. Registration does not imply endorsement